

VICTORY Coaching & Consulting LLC,
Alaine Sonnenberg, PCC. Emotional Support & Personal Development Coach

Your Name & Address: _____

Email: _____

_____**VICTORY Coaching** \$60.00 each session
_____**VICTORY Package Coaching** 4 sessions \$50.00 each = \$200.00 total
Payment received before the first scheduled session, cash, check or Venmo.

1. Coaching is a Professional-Client relationship and agrees to maintain the ethics and standards of behavior set by the International Coach Federation. www.coachfederation.org/ethics

According to ethics of our profession, topics may be anonymously shared with other coaching professionals for coach professional development or consultation purposes only.

Confidentiality: This coaching relationship, as well as all information (documented or verbal) that Client shares with Coach, is bound to confidentiality by the ICF Code of Ethics. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent.

2. Client is responsible for creating and implementing his/her own mental and emotional well-being, decisions, choices, actions and results. The Client agrees that Coach is not liable for any actions or inaction or for the result of any services provided. Client understands coaching is not therapy and does not prevent or treat any mental disorder or disease. Clients will make aware if under the care of a mental health professional and understand that coaching is not to be used as a substitute for any professional advice.

3. Client agrees to communicate honestly, be open to feedback and create the time to participate fully in the program. Coach will be available to Client by email in between scheduled meetings as defined.
ASVictoryConsulting@gmail.com Each coach session shall be 55-60 minutes. Client understands that there are risks associated with online communication such as email, phone, zoom, and video or web conferencing.

4. The Coach engages in training and continuing education pursuing and maintaining ICF (International Coach Federation) Credentials. By signing this agreement, you agree to have only your initials and dates of coaching shared with ICF staff members and other parties involved in this process for the sole purpose of verifying the coaching relationship, no personal notes will be shared.

5. As a client, I understand that I am responsible for my mental and emotional well-being, choices and decisions during my coaching sessions. I understand that all decisions are exclusively mine and my sole responsibility and I have a choice to implement direction. Coach is not liable for consequential damage and makes no guarantees or warranties. Entering into a coaching relationship requires willingness to step out and venture out of what is comfortable and the obligation to learn lands with the client. The Coach will support and guide this process, but the process and results belong to you.

Cancellation Policy: It is the Client's responsibility to notify 12 hours in advance of cancelation. If cancelation notice is not given, the client will be charged for the session. A week advanced written/verbal notice will be given if either party wants to discontinue the coaching relationship.

This entire agreement reflects a complete understanding of the parties with respect to the subject matter. This agreement supersedes all prior written and oral representations. If a dispute arises and is not resolved, in event of legal action, the prevailing party shall be entitled to recover attorney's fees and court costs from Client.

I have read and understand the above and I agree.

Client signature _____ Date _____